

Native Creepers and Groundcovers

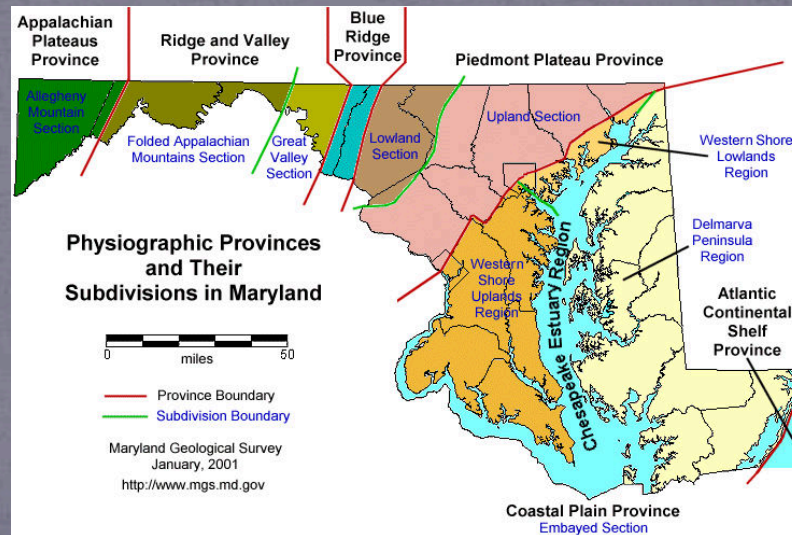
The Highs and Lows of Gardening

Lauren Turner, CBLP Level 1 &2

- BS in Horticulture from Penn State
- MS in Herbal Medicine and Nutrition from Maryland University of Integrative Health
- Chesapeake Bay Landscape Professional
- Started an eco friendly landscape company 15 years ago
- Started a locally grown, locally native plant nursery in Western Howard County last year
- Experienced in landscape design, plant selection, natives, stormwater solutions, rain gardens, proper weeding techniques and anything eco friendly

What is Native?

- A native plant is one that grows naturally in our area, it wasn't introduced or brought in from somewhere else
- In this area a native plant is one that is found in the Maryland Piedmont Plateau Province



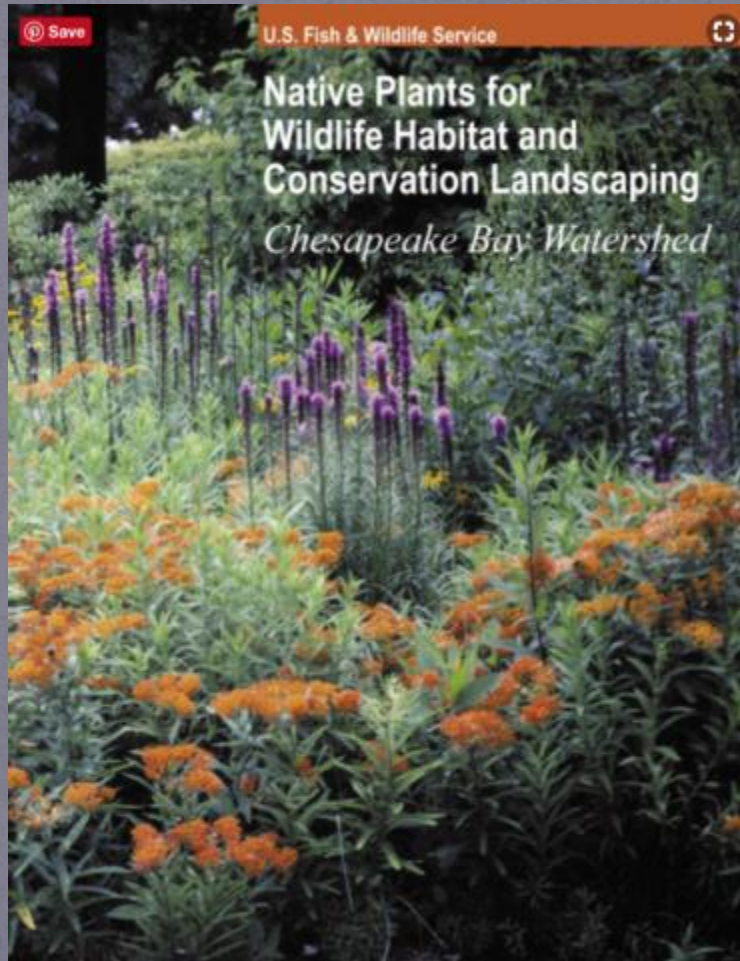
What is Native Cultivar?

- Cultivars are a native plant that was selected and grown for specific characteristics like darker leaf color or showier flower.
- Once a cultivar is introduced it affects the genetics of the natives in the wild around it
- Early stages of gathering information about cultivars and how beneficial they are for local wildlife
- Many cultivars are 'natural' so not always bad

What is Native?

- Utilize these resources to know what is native to this region because many nurseries will list plants native to anywhere in the United States as native. If it doesn't originate from this region or close to it, then its not considered native:
 - LGS 'Native Plants of Howard County' list is a list we compiled of locally native, locally available plants that we have had success in growing.
 - US Fish and Wildlife Service 'Native Plants for Wildlife Habitat and Conservation Landscaping'
 - USFWS BayScapes Conservation Landscaping Program list

Resource



Why Plant Native?

Low Maintenance!

Using native plants SOLVES all of your gardening problems! Since they are from this area and adapted to these soils you can throw them at the ground and they will thrive without care or water. Right?

Why Plant Native?

A way to give back to the local ecosystem by supporting pollinators



Why Plant Native?

Counteract the effects of overdevelopment

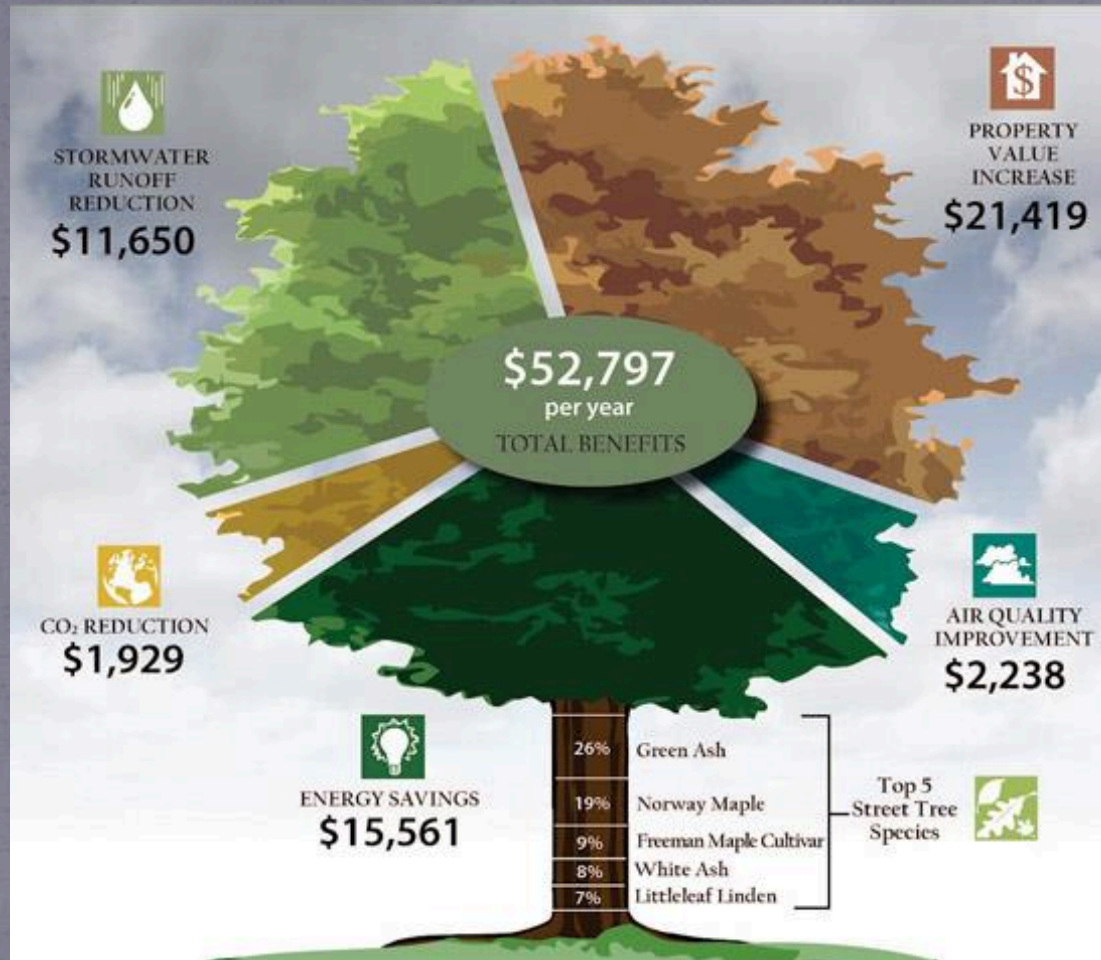
Native plants help to stabilize erosion and keep air and waterways clean, reduce run off, drainage issues and flooding.



Influences of Deforestation on Runoff, Groundwater, and Sediment Transport



Why Plant Native?



Why Plant Native?

Sense of place



Why Plant Native?

Support habitat AND food for local wildlife



Why Plant Native?

It's the new industry wide trend, the cutting edge of horticulture, the direction of the landscape architecture and design industry.

Planting natives is hip, cool and popular!

Now let's get to it— what can you plant?

Native Groundcovers

- Groundcovers are low to medium in height and can be used to fill in bare spots in the garden
- They provide cover for birds, reptiles and insects and food for pollinators
- Some invasive ground covers to take out would be English ivy, kudzu, Japanese honeysuckle

Native Groundcovers

- *Aquilegia canadensis*
- *Asarum canadense*- Wild Ginger
- *Carex pennsylvanica*-Pennsylvania sedge
- *Carex glaucoidea*- Blue wood sedge
- *Chrysogonum virginianum*- Green and Gold
- *Coreopsis verticillata*
- *Gaultheria procumbens*-Wintergreen
- *Geranium maculatum*
- *Hepatica americana*- Liverleaf
- *Heuchera americana*- Coral bells
- *Mitchella repens*- Partridgeberry
- *Phlox subulata*- Moss pinks
- *Sedum ternatum*- Stone crop

Asarum canadense

Wild Ginger

1-1.5' Height and Spread
April to May
Part shade to full shade
Medium to wet soil
Low maintenance



Use as a ground cover, in a woodland garden, rain garden

The flower is usually hidden by foliage in spring and is a nice maroon color.

Tolerates deer, heavy shade, erosion, wet soil

Carex pennsylvanica

Pennsylvania Sedge

Height: 0.50 to 1.00 feet

Spread: 0.50 to 1.00 feet

Blooms in May

Greenish flower

Part shade to full shade

Dry to medium water needs

Low Maintenance



Works well as a groundcover and its a great replacement for Liriope spp

Tolerates wet soil and deep shade

Great to plant in areas that are eroding

Carex glaucoidea- Blue Wood Sedge

Height: 0.50 to 1.00 feet

Spread: 0.50 to 1.00 feet

Blooms May to June

Greenish-white bloom

Part shade to full shade

Medium to wet soil

Low Maintenance

Suggested Use: Rain Garden

Insignificant Flower

Tolerates Deer, Heavy Shade



Chrysogonum virginianum- Green and Gold



Height: 0.50 to 1.00 feet

Spread: 0.75 to 1.50 feet

Blooms May to October

Yellow bloom

Part shade to full shade

Medium to wet water

Low Maintenance

Naturalize, Rain Garden

Showy flower

Tolerates Heavy Shade



© Thomas G. Barnes

Aquilegia canadensis

Columbine 'Little Lanterns'



9 to 12 inches tall and 9 to 12 inches wide

Red/Yellow blooms in April to May in full sun or part shade

Can be used to naturalize an area.

Attracts hummingbirds

Tolerates rabbit, deer. drought and dry Soil.

Coreopsis verticillata

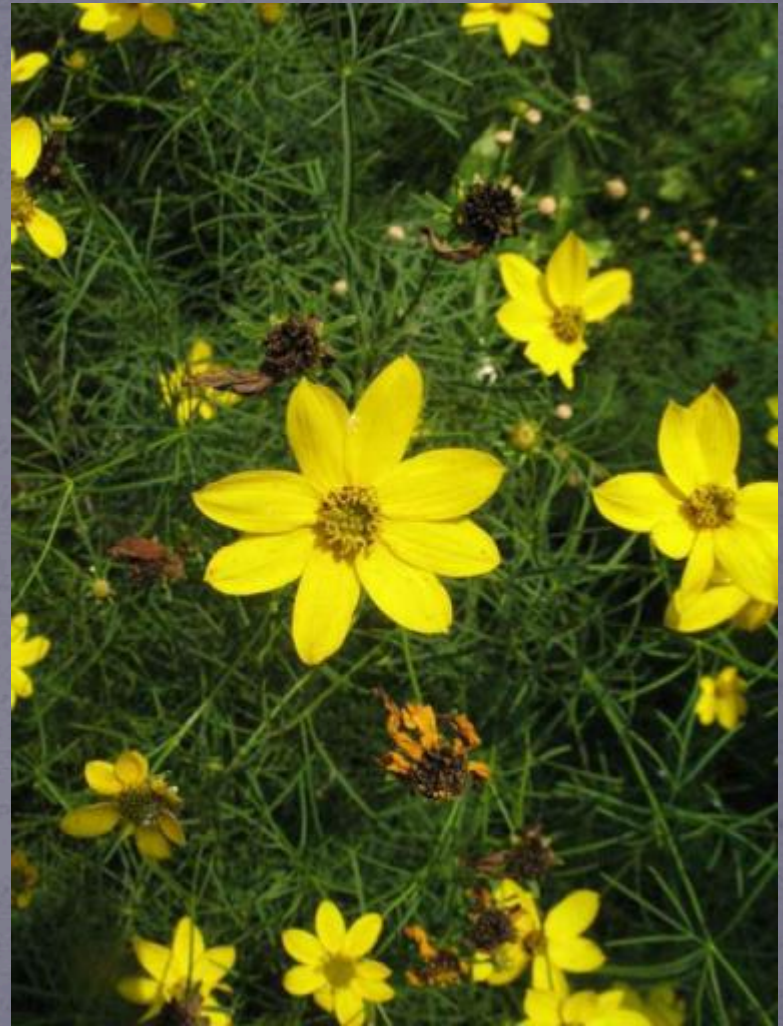
Tickseed

2.5 to 3 feet tall and 1.5 to 2 feet wide.

Yellow blooms in June to September with full sun.

Suggested use to naturalize.

Attracts butterflies and tolerates deer, drought, dry soil and shallow-rocky soil.



Gaultheria procumbens- Wintergreen

Height: 0.25 to 0.50 feet

Spread: 0.50 to 1.00 feet

Blooms in June to July

White bloom

Part shade to full shade

Medium wet soil

Low Maintenance

Ground Cover, Naturalize

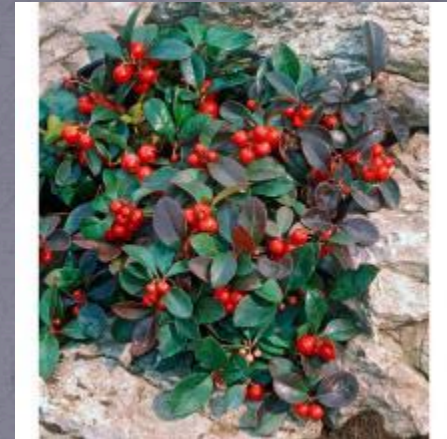
Showy flower

Evergreen leaf

Showy, Edible fruit

Winter Interest

Tolerates Heavy Shade



Hepatica americana- Liverleaf

Height: 0.50 to 0.75 feet

Spread: 0.50 to 0.75 feet

Blooms in March

Blue to lavender or white flowers

Part shade

Medium, consistently wet soil

Low Maintenance

Showy flower



© 2001 by Charles Peirce

Heuchera americana- Coral Bell

Height: 1.00 to 2.00 feet

Spread: 1.00 to 1.50 feet

Blooms in June to August

Greenish white with red tinge bloom

Full sun to part shade

Medium moisture soils

Low Maintenance

Showy flower, Good Cut flower

Colorful leaf

Drought tolerant



Iris cristata- Dwarf Crested Iris

Common Name: dwarf crested iris

Type: Herbaceous perennial

Family: Iridaceae

Native Range: Northeastern United States

Zone: 3 to 9

Height: 0.50 to 0.75 feet

Spread: 0.50 to 1.00 feet

Bloom Time: April

Bloom Description: Pale blue with gold-crested falls

Sun: Full sun to part shade

Water: Medium

Maintenance: Medium

Suggested Use: Ground Cover, Naturalize

Flower: Showy

Tolerate: Deer, Drought



Mitchella repens- Partridgeberry

Height: 0.00 to 0.25 feet

Spread: 0.50 to 1.00 feet

Blooms May to July

White bloom

Part shade to full shade

Medium water needs



Suggested Use: Ground Cover, Naturalize

Showy, Fragrant flower

Colorful leaf

Showy, Edible Fruit

Winter Interest

Tolerates Heavy Shade, Dry Soil

Phlox divaricata- Woodland phlox



Height: 0.75 to 1.00 feet

Spread: 0.75 to 1.00 feet

Blooms April to May

Rose/lavender or violet/blue
bloom

Part shade to full shade

Medium soil moisture

Medium maintenance

Ground Cover, Naturalize

Showy, Fragrant flower

Attracts Hummingbirds,

Butterflies

Tolerates Deer, Drought, Clay

Soil, Dry Soil

Phlox subulata

Moss Pinks



Height: 0.25 to 0.50 feet

Spread: 1.00 to 2.00 feet

Blooms in March to May

Many varieties with various colors-Red-purple to violet-purple to pink to white

Full sun

Likes moist soil

Use as a ground cover, rock garden, sunny slope

Attracts butterflies

Tolerates deer, drought, erosion and air pollution

Sedum ternatum- Three leaved Stonecrop

Height: 0.25 to 0.50 feet

Spread: 0.50 to 0.75 feet

Blooms April to May

White bloom

Full sun to part shade

Medium water needs

Low Maintenance

Ground Cover, Naturalize

Flower is Showy

Attracts Butterflies

Tolerates Rabbit, Deer, Drought, Air

Pollution



Geranium maculatum 'Espresso'

Cranesbill

1.5 to 2 feet tall and 1 to 1.5 feet wide.

Pale pink, deep pink and lilac blooms in April to May in full sun to part shade.

Attracts butterflies and tolerates rabbit, deer drought and dry soil.



Sisyrinchium angustifolium 'Lucerne'

Blue eyed Grass

Common Name: blue-eyed grass

Type: Herbaceous perennial

Family: Iridaceae

Zone: 4 to 8

Height: 0.50 to 1.00 feet

Spread: 0.50 to 0.75 feet

Bloom Time: May to June

Bloom Description: Blue

Sun: Full sun

Water: Medium

Maintenance: Medium

Flower: Showy



Tiarella cordifolia 'Oakleaf'



- 6 inches to 1 foot tall and 6 inches to 1 foot wide
- Showy white or pink flowers bloom in May
- Nice fall foliage
- Part shade to full shade
- Tolerates rabbit and deer

Tiarella cordifolia 'Brandywine'

Brandywine tiarella



1-2 ft wide and .5-1ft tall

White or pink flowers bloom in May

Part shade to full shade

Moist soil

Low maintenance

Use as a ground cover, rain garden,
woodland garden

Attracts bees and butterflies

Nice fall foliage

Tolerates rabbit and deer



Viola walteri 'Silver Gem'
Prostrate Blue Violet



Key Characteristics & Attributes:

Deer Resistant

Full Shade

Part Sun

Summer

Early Spring

Moist, Dry, Average soil

Groundcover

Drought Tolerant

Native Vines

Provide cover, nectar and height in the garden. Be careful to keep them pruned!

- *Campsis radicans*
- *Clematis virginiana*
- *Lonicera sempervirens*
- *Parthenocissus quinquefolia*
- *Wisteria frutescens*

Campsis radicans - Trumpet Vine

25 to 40 feet tall and 5 to 10 feet wide.

Orange and scarlet blooms in July in full sun to part shade.

Suggested use to naturalize.

Attracts hummingbirds.

Tolerates deer, drought and clay soil.



Clematis virginiana- Virgin's Bower



12 to 15 feet wide and 18 to 36 inches wide .

White blooms in mid summer with full sun to part shade.

Not to be confused with its invasive relative (*Clematis terniflora*) that has a fragrant fall bloom

Attracts bees, butterflies and birds.

Lonicera sempervirens - Honeysuckle

8 to 15 feet tall and 3 to 6 feet wide.

Scarlet or orange with yellow blooms from May to June with full sun .

Suggested use to naturalize.

Attracts hummingbirds and butterflies.

Tolerates deer, clay soil, black walnut.

Great in combination with American wisteria for color variation



Parthenocissus quinquefolia-Virginia Creeper

Height: 30.00 to 50.00 feet

Spread: 5.00 to 10.00 feet

Blooms May to August

Greenish white bloom

Full sun to part shade

Medium water needs



Medium Maintenance

Insignificant flower

Good Fall color

Attracts Birds

Showy Fruits

Tolerates Deer, Drought, Heavy Shade,

Erosion, Clay Soil, Black Walnut

Wisteria frutescens-American wisteria

Height: 15.00 to 30.00 feet

Spread: 4.00 to 8.00 feet

Blooms April to May

Lilac-purple bloom

Full sun

Medium soil moisture needs

Medium maintenance

Showy, Fragrant flower

Tolerates Deer

Great in combination with *Lonicera*



Native Plant Nurseries

- Herring Run- NE Baltimore- carries all natives
- Sun Nurseries- carries some native plants
- Chesapeake Natives- local ecotype natives
- Putnam Hill- has cultivars, native to US and some locally native plants as well as unique varieties of non-natives
- Lauren's Garden Service Native Plant Nursery- Howard County- locally grown and locally native

Lauren's Garden Service Native Plant Nursery



Spring 2018 Native Plant Sales

Clarksville Commons Earth Day Celebration

12230 Clarksville Pike

Clarksville, MD 21029

Saturday, April 14th 1pm-4pm

Howard County Greenfest

Howard Community College

10901 Patuxent Parkway

Columbia, MD 21044

Saturday, April 21, 10am-4pm

Benjamin Banneker Earth Day Celebration

300 Oella Ave

Catonsville, MD 21228

Saturday, April 28th, 9am-3pm

Robinson Nature Center Native Plant Palooza

6692 Cedar Lane

Columbia, MD 21044

Sunday May 6th, 12-4:30

Lauren's Garden Service Native Plant Nursery

3575 Sharp Rd

Glenwood, MD 21738

April-December

Mon-Thurs 9am-5pm

Saturdays 10am-3pm

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